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ACP's
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Official Quarterly Newslette

ACPEDIA

Youth Empowerment for a Sustainable Future



Shri. Sadashivrao Patil Shikshan Sanstha's, Kamptee
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PHARMACIST OATH

➤ I swear by the code of Ethics of Pharmacy Council of India in relation to the community and shall act as an integral part of health care team.

➤ I shall uphold the laws and standards governing my Profession.

➤ I shall strive to perfect and enlarge my knowledge to contribute to the advancement of pharmacy and public health.

➤ I shall follow the system, which consider best for Pharmaceutical care and counselling of patients.. I shall endeavour to discover and manufacture drugs of quality to alleviate sufferings of humanity.

➤ I shall hold in confidence the knowledge gained about the patients in connection with professional practice and never divulge unless compelled to do so by the law.

➤ I shall associate with organizations having their objectives for betterment of the profession of Pharmacy and make contribution to carry out the work of those organizations.

➤ While I continue to keep this Oath inviolate, may it be granted to me to enjoy life and the practice of pharmacy respected by all, at all times!

➤ Should trespass and violate this oath, may the reverse be my lot!

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SWAMI VIVEKANAND



January 12, 1863 - July 4, 1902

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Warthi , Bhandara 441905

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ABOUT INSTITUTION

At Anurag College of Pharmacy, which is committed to quality Pharmacy education as its obvious duty, we strive to ensure an overall development of our pupils to make them good professionals as well as fine human beings. College secures NACC accreditation to excellence and always ranked in the range - "Very Good" to "Excellent" by MSBTE, Mumbai. The college provides not only ideal academic atmosphere but also essential professional exposure to its students - most hailing from rural background. Constant motivation by the Management authorities - especially President Hon'ble Shri Yadavraoji Bhoyar and Secretary Hon'ble Shri Sureshbhau Bhoyar, dedicated efforts of qualified, experienced teaching and supporting staff, ever-growing facilities for better learning and highly motivated students make ACP a vibrant institute marching towards making a mark in regional, national and even global scenario. Come, join ACP and be a part of our journey to personal as well as national progress.

SHORT TERM GOALS

- To create infrastructure with state-of-the-art facilities to provide conducive teaching-learning atmosphere
- To comply with every necessary norm and requirement prescribed for conducting Pharmacy curriculum with optimal utilization of resources
- To achieve all-round development of pupils and to strive for all- round satisfaction of employees of the institute
- To mould and cast our students into persons fit to struggle, strive, survive and serve under any conditions of prosperity or adversity
- To carve a niche for ours as a model rural-based institute second
- To nonein the region of Vidarbha and state of Maharashtra

LONG TERM GOALS

- To leave no stone unturned in raising the college to the level at par with most established and renowned colleges of the region, state and country
- To aspire and to acquire global standards of education so that the students and faculty are confident to work with any Pharma organization on the planet
- To keep serving humanity with all honesty, humility and modesty within and even outside the bounds of Pharmacy profession
- To contribute our bit and best in making the nation self-reliant, competent, and proud in the field of healthcare in general and Pharmacy in particular
- To keep raising bar of excellence so as to attain, maintain and sustain higher position in national and international ranking of Pharmacy education institutes

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EDITORIAL

Greetings to all our readers!

In this issue of **ACPEDIA**, we turn our focus to a theme that is not only timely but vital for the progress of society i.e**. "Youth Empowerment for a Sustainable Future"** The future of our planet, our healthcare systems and our communities rests firmly in the hands of today's youth. Empowering young minds with knowledge, skills, values and opportunities is the cornerstone of building a sustainable and resilient world.

Youth represent innovation, energy and the courage to challenge conventional boundaries. In the field of pharmacy and healthcare, young professionals are emerging as change-makers embracing digital health, advancing research, advocating rational drug use and promoting public health awareness. When empowered, they become leaders capable of balancing scientific progress with ethical responsibility and environmental sustainability.

Sustainability is not limited to environmental protection alone; it also encompasses social equity, economic stability and responsible healthcare practices. Empowered youth play a crucial role in promoting sustainable healthcare by supporting preventive care, reducing medication waste, encouraging green pharmacy practices and contributing to research that addresses global health challenges.

As we reflect on this year's theme, **"Youth Empowerment for a Sustainable Future,"** let us reaffirm our belief that investing in youth is investing in humanity's tomorrow. Let us inspire young pharmacy professionals to lead with integrity, innovation and compassion guided by a vision of sustainability that benefits generations to come.

Thank you.
Happy Reading.

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Principal's Message

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With great pride and immense satisfaction, I am pleased to forward this special edition of ACEPEDIA, centered on the theme "Youth Empowerment for a Sustainable Future." This edition holds special significance as it coincides with the Birth Anniversary of Swami Vivekananda, whose inspiring thoughts continue to guide and strengthen the spirit of youth across the nation. His unwavering belief that "Youth is the pillar of the nation and its future lies in their hands" remains profoundly relevant today, reminding us of the responsibility and strength our young generation carries.

In the present era of scientific growth, environmental challenges, and global transformation, youth are the true custodians of the future. Their innovation must be guided with compassion, their ambition balanced with responsibility, and their achievements aligned with sustainability. At Anurag College of Pharmacy, we believe empowerment begins with meaningful education—fostering curiosity, discipline, scientific temperament, leadership, and empathy. As future healthcare professionals, our students hold a vital responsibility toward public welfare, ethical practice, environmental care, and

societal development.

On the occasion of National Youth Day, I extend my best wishes to all students, faculty members, and stakeholders. May the ideals of Swami Vivekananda inspire us to dream purposefully, work with dedication, and contribute towards building a progressive, compassionate, and sustainable India.

I sincerely appreciate and congratulate the Editorial Team of ACEPEDIA, contributors, and mentors for their dedicated efforts in bringing out this edition. May this publication inspire thoughtful reflection, strengthen determination, and celebrate the true spirit and power of youth.

With sincere regards,

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Guest Message

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Management of Child Malnutrition by Local Flora: Pathway to Empowerment and a Sustainable Future

Child malnutrition remains one of the most pressing public health challenges in India and other developing nations, silently undermining physical growth, cognitive development, immunity, and long-term productivity. Despite multiple national nutrition programs, undernutrition in children manifesting as stunting, wasting, and micronutrient deficiencies continues to persist, particularly in rural, tribal, and socio-economically vulnerable populations. Addressing this multifactorial problem requires solutions that are scientifically sound, culturally acceptable, economically viable, and environmentally sustainable.

The Department of Pharmaceutical Sciences, Rashtrasant Tukadoji Maharaj Nagpur University, has been actively working on this challenge by exploring local flora based polyherbal nutraceutical formulations as a holistic strategy for the management of child malnutrition. This approach

integrates traditional knowledge, modern pharmaceutical science, and sustainability principles to empower communities while ensuring long-term nutritional security.

Malnutrition in children is not merely a deficiency of calories; it is a complex interplay of macronutrient insufficiency, micronutrient deficiency, poor bioavailability, recurrent infections, gut dysfunction, and socio-economic deprivation. Protein-energy malnutrition, iron deficiency anemia, vitamin A deficiency, zinc deficiency, and calcium insufficiency frequently coexist, creating a vicious cycle of illness and impaired growth. Conventional supplementation programs are effective to some extent, often face challenges such as high cost, dependency on external supply chains, limited compliance, and lack of long-term sustainability. This highlights the need for locally adaptable, food-based, and preventive nutritional interventions.

India is one of the world's richest repositories of medicinal and nutritional plants. Many locally available edible and medicinal plants possess high-quality proteins, essential amino acids, vitamins, minerals, antioxidants, and bioactive phytochemicals that are directly relevant to child nutrition.

Examples of such nutritionally potent flora include:

- ***Moringa oleifera*** **(Drumstick tree)** – Rich in protein, iron, calcium, potassium,
vitamin A, vitamin C, and essential amino acids; often called a "natural multivitamin."
- ***Phyllanthus emblica*** **(Amla)** – A potent source of vitamin C, polyphenols, and
antioxidants that enhance immunity and iron absorption.
- ***Vigna radiata*** **(Mung bean)** – Easily digestible plant protein with good carbohydrate
quality and micronutrient content.
- ***Withania somnifera*** **(Ashwagandha)** – Supports growth, improves appetite.

These plants are locally cultivated, climate-resilient, affordable, and culturally accepted, making them ideal candidates for sustainable nutritional interventions.

The Department's research emphasizes the development of a polyherbal nutraceutical formulation, combining multiple locally sourced plant materials to achieve nutritional synergy. Unlike single-ingredient supplements, polyherbal formulations offer: Balanced macro- and micronutrient supply, Antioxidant and anti-inflammatory support, Gut health modulation, Immune strengthening. Modern pharmaceutical techniques such as standardized extraction, phytochemical profiling, antioxidant evaluation, nutritional analysis, and quality control are employed to validate safety, efficacy, and reproducibility. This ensures that traditional wisdom is transformed into evidence-based nutraceutical solutions.

One of the strongest advantages of local flora–based nutraceuticals lies in community empowerment. Cultivation, processing, and utilization of indigenous plants can be integrated into self-help groups, women-led cooperatives, and village-level nutrition programs. This creates:

- **Livelihood opportunities** for rural populations
- **Women empowerment** through participation in nutrition initiatives
- **Awareness about dietary diversity and child nutrition**
- **Reduced dependency on imported or costly supplements**

When communities become active participants rather than passive recipients, nutrition programs gain ownership, trust, and long-term sustainability. Sustainability is central to this approach. Local flora-based interventions: Promote biodiversity conservation, Encourage low-input agriculture, Support circular rural economies Such strategies align seamlessly with the Sustainable Development Goals (SDGs notably zero hunger, good health and well-being, responsible consumption, and climate action.

The ongoing work at the Department of Pharmaceutical Sciences envisions translating laboratory research into scalable, affordable nutraceutical products suitable for school nutrition programs, anganwadi supplementation, and community health initiatives. With interdisciplinary collaboration among pharmacists, nutritionists, botanists, and public health professionals, local flora-based nutraceuticals can become a cornerstone of child nutrition strategies.

Managing child malnutrition demands more than short-term supplementation it requires sustainable, culturally rooted, and scientifically validated solutions. Harnessing local flora through polyherbal nutraceutical formulations offers a powerful pathway toward nutritional security, community empowerment, and environmental sustainability. By blending traditional knowledge with modern pharmaceutical science, the Department of Pharmaceutical Sciences, RTM Nagpur University, is contributing meaningfully to a future where every child has the opportunity to grow, thrive, and realize.

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Staff Article

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Youth Empowerment for a Sustainable Future

Youth empowerment plays a pivotal role in achieving sustainable development in the modern world. As the largest and most dynamic segment of society, young people possess the potential to drive innovation, social progress, and environmental stewardship. Empowering youth through education, skill development, and active participation in decision-making is essential for building a sustainable future.

Education forms the foundation of youth empowerment by fostering critical thinking, scientific temper, and ethical values. Skill-based and interdisciplinary learning prepares youth to address emerging challenges related to climate change, public health, and economic development. When equipped with relevant competencies, young individuals contribute meaningfully to sustainable economic growth and technological advancement.

Youth engagement is equally important in environmental sustainability. Young people play a

significant role in promoting eco-friendly practices, advocating renewable energy, and supporting conservation efforts. Their involvement at community and institutional levels strengthens awareness and implementation of sustainable practices.

Furthermore, empowered youth enhance social sustainability by promoting inclusivity, civic responsibility, and leadership. Participation in social initiatives and policy dialogues enables youth to act as responsible stakeholders in national development.

In conclusion, youth empowerment is a strategic investment in sustainability. By nurturing informed, skilled, and socially responsible youth, educational institutions can ensure a resilient and sustainable future for society.

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COLLEGE IN NEWS

ePaper

नवभारत

फार्माकोविजिलेंस सप्ताह मनाया

वरठी, (सं). अनुराग कॉलेज ऑफ फार्मेसी, वरठी में राष्ट्रीय फार्माकोविजिलेंस सप्ताह उत्साहपूर्वक मनाया गया. इस कार्यक्रम के सहयोगी भागीदार मेडप्लस थे. इस वर्ष के उपक्रम का विषय था, आपकी सुरक्षा, एक क्लिक पर: पीवीपीआई को सूचित करें, जिसमें रोगियों की सुरक्षा तथा दवाओं के दुष्परिणामों के प्रति जागरूकता निर्माण पर विशेष बल दिया गया. सप्ताहभर चले इस आयोजन में विभिन्न विशेषज्ञों के व्याख्यान एवं विद्यार्थियों के लिए अनेक उपक्रमों का आयोजन किया गया. उद्घाटन समारोह में फार्माकोलॉजी विभाग के प्रा. डॉ. पुष्पहास एस. बल्लाल (निवृत्त सहआयुक्त, अन्न एवं औषध प्रशासन) ने मार्गदर्शन प्रदान किया. इसके पश्चात सहायक प्राध्यापक पायल क्षीरसागर और डॉ. सचिन लोहे ने मार्गदर्शन किया. कार्यक्रम की अध्यक्षता करते हुए प्राचार्य डॉ. संजय पी. वाते ने प्रेरणादायी भाषण दिया. कार्यक्रम का सूत्रसंचालन सहायक प्राध्यापक राजेश्री चिंधालोरे ने किया.

लोकमत



स्पर्धेतील यशस्वी विद्यार्थिनींसोबत प्रा. रूपाली हुमणे, प्रा. राकेश टीवले व अन्य.

आंतरमहाविद्यालयीन अध्यापन स्पर्धा

गोंदिया : गोंदिया कॉलेज ऑफ फार्मसीमध्ये बुधवारी (दि. ३) आंतरमहाविद्यालयीन अध्यापन स्पर्धेचे आयोजन करण्यात आले होते. या स्पर्धेत विविध महाविद्यालयांतील विद्यार्थ्यांनी उत्साहाने सहभाग घेतला होता. स्पर्धेत बी.फार्ममध्ये प्रथम क्रमांक सागरिका कावळे, द्वितीय पायल कनोजिया आणि डी.फार्ममध्ये प्रथम क्रमांक प्रिया मारताडे आणि द्वितीय क्रमांक सुरीली मेश्राम यांनी पटकावला. परीक्षक म्हणून वरठी येथील अनुराग कॉलेज ऑफ फार्मसीमधील प्रा. रूपाली हुमणे व प्रा. राकेश टीवले, सैस्थापक भरत वाघमारे, प्राचार्य डॉ. सुनील मेंघानी उपस्थित होते. त्यांनी विद्यार्थ्यांना अशा प्रकारच्या स्पर्धा विद्यार्थ्यांमध्ये अध्यापनाची आवड निर्माण करतात. तसेच नेतृत्व गुण आणि आत्मविश्वास वाढवतात, असे सांगितले. विजेत्यांना प्रमाणपत्र व रोख बक्षीस देऊन गौरविण्यात आले. स्पर्धेसाठी प्रा. वैशाली बुडेकर आणि प्रा. पूजा कुभारे यांनी सहकार्य केले.

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STUDENT ARTICLE SECTION



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Mr. Gaurav Wadhankar
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Empowered Youth, Sustainable World

A sustainable world is built on the strength, vision, and commitment of empowered youth. Young people today are growing up in a world that demands responsibility, adaptability, and compassion. Empowering youth means recognizing their potential, valuing their voices, and providing them with opportunities to contribute meaningfully to society. When youth feel empowered, they become active participants in shaping a better and more sustainable world.

Environmental awareness among youth has grown significantly in recent years. Young people are increasingly conscious of issues such as climate change, pollution, and resource depletion. They use their creativity, energy, and digital platforms to raise awareness and encourage sustainable lifestyles. From organizing community clean-up drives to promoting renewable energy and responsible consumption, youth are leading by example.

Social sustainability is also strengthened by empowered youth. Young individuals actively advocate for equality, inclusiveness, and access to education and healthcare. Through volunteering, social campaigns, and grassroots initiatives, they work to uplift marginalized communities and create a society based on fairness and mutual respect.

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युवक सक्षमीकरण: शाश्वत भविष्यासाठी एक प्रभावी साधन

आजच्या जागतिकीकरणाच्या आणि वेगाने बदलणाऱ्या सामाजिक-आर्थिक परिस्थितीत युवक सक्षमीकरणाचे महत्त्व दिवसेंदिवस वाढत आहे. युवक म्हणजे समाजाची ऊर्जा, आशा आणि नवचैतन्य. शाश्वत भविष्य घडविण्यासाठी युवकांचा सक्रिय सहभाग, सक्षम नेतृत्व आणि जबाबदार दृष्टिकोन अत्यावश्यक आहे. योग्य शिक्षण, संधी आणि मार्गदर्शन मिळाल्यास युवक सामाजिक, आर्थिक आणि पर्यावरणीय परिवर्तनाचे प्रभावी वाहक बनू शकतात.

युवक सक्षमीकरण म्हणजे युवकांना निर्णयक्षमता, आत्मविश्वास, कौशल्ये आणि संधी देणे, ज्यामुळे ते स्वतःच्या तसेच समाजाच्या विकासात योगदान देऊ शकतील. शाश्वत विकासाची संकल्पना केवळ आर्थिक प्रगतीपुरती मर्यादित नसून सामाजिक समता, पर्यावरण संरक्षण आणि भविष्यातील पिढ्यांसाठी संसाधनांची उपलब्धता यांचा समतोल साधणे ही तिची खरी उद्दिष्टे आहेत. या उद्दिष्टांची पूर्तता युवकांच्या सक्रिय सहभागाशिवाय शक्य नाही.

शिक्षण हे युवक सक्षमीकरणाचे सर्वात मजबूत साधन आहे. दर्जेदार आणि सर्वसमावेशक शिक्षण युवकांमध्ये वैज्ञानिक दृष्टिकोन, तर्कशक्ती आणि नैतिक मूल्ये विकसित करते. शाश्वत विकासाशी संबंधित विषयांचा अभ्यास केल्यास युवकांना हवामान बदल, पर्यावरण

प्रदूषण, जैवविविधतेचे संरक्षण आणि सार्वजनिक आरोग्य यांसारख्या जागतिक समस्यांची सखोल जाणीव होते. शिक्षणामुळे युवक समस्यांकडे उपायाभिमुख दृष्टीने पाहू लागतात आणि नावीन्यपूर्ण कल्पना समाजासमोर मांडतात.

आर्थिक सक्षमीकरण हा शाश्वत भविष्याचा आणखी एक महत्त्वाचा घटक आहे. बेरोजगारी आणि आर्थिक अस्थिरता ही अनेक देशांसमोरील मोठी आव्हाने आहेत. युवकांना कौशल्याधारित प्रशिक्षण, स्वयंरोजगाराच्या संधी आणि उद्योजकतेला प्रोत्साहन दिल्यास ते आर्थिकदृष्ट्या स्वावलंबी बनतात. हरित उद्योग, शाश्वत शेती, नवीकरणीय ऊर्जा आणि सामाजिक उद्योजकता यांसारख्या क्षेत्रांमध्ये युवक मोठे योगदान देऊ शकतात. यामुळे रोजगारनिर्मिती होते तसेच पर्यावरणपूरक विकासालाही चालना मिळते.

सामाजिक सक्षमीकरणामुळे युवकांचा आत्मविश्वास आणि जबाबदारीची जाणीव वाढते. सामाजिक समानता, लैंगिक समता, आरोग्य आणि शिक्षण यांसारख्या क्षेत्रांत युवक नेतृत्वाखालील उपक्रम समाजात सकारात्मक बदल घडवतात. स्वयंसेवी संस्था, युवक मंडळे आणि सामाजिक चळवळींमधून युवकांना समाजातील समस्यांचा प्रत्यक्ष अनुभव मिळतो आणि त्यावर उपाय शोधण्याची संधी मिळते. समावेशक समाज घडविण्यात युवकांची भूमिका अत्यंत महत्त्वाची आहे. राजकीय आणि नागरी सहभागातून युवक लोकशाही प्रक्रियेत सक्रिय होतात. धोरणनिर्मिती, स्थानिक स्वराज्य संस्था आणि सार्वजनिक चर्चांमध्ये युवकांचा सहभाग असल्यास निर्णय अधिक पारदर्शक आणि लोकाभिमुख बनतात. युवकांचे नेतृत्व भविष्यातील सक्षम आणि जबाबदार प्रशासनाची पायाभरणी करते, जे शाश्वत विकासासाठी आवश्यक आहे.

पर्यावरण संरक्षणात युवकांची भूमिका विशेष महत्त्वाची आहे. आज पर्यावरणीय संकटे ही संपूर्ण मानवजातीसमोरील मोठी आव्हाने आहेत. पर्यावरण जागृती मोहिमा, वृक्षारोपण, कचरा व्यवस्थापन आणि नवीकरणीय ऊर्जेचा प्रचार या उपक्रमांद्वारे युवक शाश्वत जीवनशैलीचा संदेश समाजात पोहोचवतात. त्यांच्या प्रयत्नांमुळे नैसर्गिक संसाधनांचे जतन होते आणि भावी पिढ्यांसाठी सुरक्षित पर्यावरण निर्माण होते.

निष्कर्षतः युवक सक्षमीकरण हे शाश्वत भविष्य घडविण्याचे मूलभूत साधन आहे. शिक्षण, आर्थिक संधी, सामाजिक सहभाग आणि पर्यावरणीय जाणीव या सर्व घटकांमध्ये युवकांना सक्षम केल्यास समाज आणि शाश्वत भविष्याचे खरे शिल्पकार आहेत.

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Ms. Khushi Hadge
M. Pharm. First Year
(Pharmaceutics)

Today, millions of young people around the world are looking for work. At the same time, our planet is facing serious problems like pollution and climate change. To fix these issues, we need to combine these two challenges. We need to create jobs for young people that also protect the earth. This is called "youth employment for a sustainable future." It means giving the next generation a chance to earn a living while making the world a greener and better place.

The best way to do this is by growing the "green economy." This means creating jobs in areas like renewable energy, organic farming, and recycling. Instead of jobs that harm nature, young people can work building solar panels, planting trees, or designing eco-friendly products. These jobs do more than just provide a paycheck. They give young people a sense of purpose because they know their daily work is helping to solve global problems.

However, having jobs available is not enough; young people need the right skills to do them. Schools and governments must work together to teach students about sustainability. We cannot prepare youth for the future using only old methods. They need to learn how to use new technology and how to take care of the environment at the same time. When we give young people the right tools and training, they become powerful leaders who can build a strong, clean economy.

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Mr. Sumit Ucshram
M. Pharm. First Year
(Quality Assurance)

Youth empowerment for sustainable future

Youth empowerment plays a crucial role in shaping a sustainable future for society and the planet. Young people represent enthusiasm, creativity, and innovation, making them powerful agents of change. In an era marked by climate change, environmental degradation, unemployment, and social inequality, empowering youth is essential to ensure long-term sustainable development.

A sustainable future depends on the balanced integration of economic growth, social justice, and environmental protection. Youth contribute significantly to this balance because they are adaptable, forward-thinking, and open to new ideas. When young individuals are provided with proper education, skills, and opportunities, they can actively participate in solving global challenges and promoting sustainable practices.

Education is the foundation of youth empowerment. Quality education not only imparts knowledge but also builds critical thinking, ethical values, and awareness of global issues such as climate change, public health, and resource conservation. Through education, youth learn the importance of sustainable lifestyles and responsible citizenship. Skill-based and vocational training further prepare young people for employment in emerging sectors such as renewable energy, sustainable agriculture, and green technology.

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Mr. Jatin Rahangdale
M. Pharm. First Year
(Pharmaceutics)

Youth are the future,

The bearers of hope and change.

Their potential is limitless,

Too powerful to be confined or denied.

They have the courage to change the course of the world,

The strength to create a new tomorrow.

By rejecting negativity and embracing knowledge,

They spread positivity throughout their surroundings.

No problem is too great for them to face,

No challenge too strong to defeat.

They rise again and again,

Driven by dreams of a brighter future.

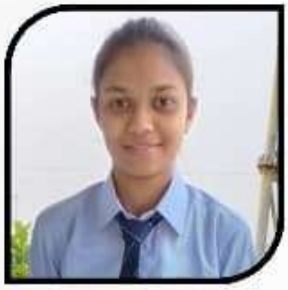
So let us support our youth now,

Guide them on the path they choose.

With their energy and determination,

They will build a world where we all can thrive.

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Ms. Janhavi Harinkhede
B. Pharm. Final Year

Role of Youth in Building a Sustainable Future

The future of the world depends largely on the choices we make today, and at the heart of those choices stands the youth. Young people are not merely future leaders waiting for their turn; they are active participants shaping society right now. Empowering youth means giving them the confidence, knowledge, and freedom to contribute meaningfully toward a sustainable future.

Sustainability is not only about protecting the environment but also about creating a balanced society where economic growth, social well-being, and environmental responsibility go hand in hand. Youth play a vital role in achieving this balance. With their curiosity and openness to change, young individuals are often the first to adopt eco-friendly habits such as reducing waste, conserving energy, and supporting renewable resources. Their enthusiasm inspires families and communities to rethink everyday practices.

Education plays a crucial role in youth empowerment. When young people are educated and informed, they develop a deeper understanding of global challenges like climate change, public health issues, and social inequality. This awareness encourages responsible decision-making and innovative problem-solving.

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Ms. Disha Patle
B. Pharm. Final Year

Youth as Catalysts for Sustainable Development

Young people have always been the heartbeat of change in society. History shows that whenever the world has faced challenges, it is the youth who have stepped forward with courage, creativity, and determination. In the present era, as the planet struggles with climate change, environmental degradation, public health issues, and social inequality, the role of youth in shaping a sustainable future has become more important than ever. Empowering youth is not simply an investment in individuals; it is an investment in the future of humanity .

Youth empowerment begins with education. Education does more than prepare young people for employment—it builds awareness, values, and a sense of responsibility toward society and the environment. When young individuals understand the importance of sustainability, they begin to realize that even small actions such as conserving water, reducing waste, and choosing eco-friendly alternatives can create a lasting impact. This awareness encourages responsible behavior and inspires others to follow the same path.

Empowered youth possess the confidence to lead and the courage to innovate. When they are given platforms to participate in decision-making, governance, and community development, they feel a sense of ownership toward societal progress. Across the world, youth-led initiatives in

renewable energy, healthcare awareness, digital technology, and environmental conservation are proving that young minds can offer practical and forward-looking solutions to global problems.

In addition, youth serve as a bridge between tradition and modernity. Their ability to blend cultural values with modern innovation allows them to promote sustainable development without losing social harmony. Their digital skills and adaptability help spread awareness quickly and mobilize communities for collective action.

In conclusion, youth are true catalysts of sustainable development. By empowering young people with education, opportunities, and trust, society nurtures leaders who are capable of building an inclusive, innovative, and environmentally responsible future. When youth are empowered, sustainability becomes not just a goal, but a shared mission.

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Ms. Achal Gaidhani
B. Pharm. Third Year

Youth are the most powerful drivers of change in today's world. With their energy, creativity, and adaptability, young people hold the key to building a sustainable future that balances economic growth, social equality, and environmental protection. Empowering youth is not just a moral responsibility—it is a strategic investment in the future of humanity .

Youth empowerment begins with education. Quality education equips young people with knowledge, critical thinking skills, and values needed to address global challenges such as climate change, poverty, and inequality. When education integrates sustainability, innovation, and ethics, it nurtures responsible citizens who can make informed decisions for the well-being of society and the planet.

Equally important is providing opportunities for meaningful participation. Young people must be included in decision-making processes at local, national, and global levels. Their voices bring fresh perspectives and innovative solutions to complex problems. Platforms such as youth councils, community projects, and social entrepreneurship initiatives allow them to actively contribute to sustainable development.

Economic empowerment is another crucial pillar. Access to skills training, entrepreneurship support, and green jobs enables youth to become financially independent while contributing to sustainable economies.

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Ms. Rutuja Kapgate
B. Pharm. Third Year

The Generation That Can't Afford to Wait

Sustainable development is no longer a future goal—it is a present necessity. Climate change, unemployment, and social inequality demand urgent solutions, and today's youth stand at the center of this transformation.

Youth empowerment means more than encouragement. It requires quality education, practical skills, access to technology, employment opportunities, and a genuine voice in decision-making. When young people are given responsibility and resources, they move from being spectators to solution-builders.

Across the world, youth are driving sustainable change through innovation, entrepreneurship, and environmental action. From developing eco-friendly technologies to launching startups and leading social movements, young minds are proving that progress and sustainability can grow together.

Economic development also depends on youth. Youth-led entrepreneurship creates jobs, strengthens local economies, and promotes self-reliance. However, many young people still face unemployment, outdated education systems, and limited participation in governance—barriers that slow sustainable progress.

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Ms. Riya Chachere
B. Pharm. Second Year

Youth empowerment has emerged as one of the most critical pillars of sustainable development in the 21st century. With more than half of the world's population under the age of 30, young people are not just beneficiaries of development—they are essential drivers of social, economic, and environmental change. Empowering the youth means equipping them with the skills, opportunities, and platforms necessary to contribute meaningfully to their societies. When youth thrive, nations progress toward a more inclusive, resilient, and sustainable future.

Understanding Youth Empowerment

Youth empowerment refers to the process of enabling young people to gain the ability, authority, and confidence to make decisions and implement change in their own lives and communities. It encompasses:

Education and skill-building
Economic opportunities and entrepreneurship
Political participation and leadership
Access to technology and information
Social inclusion and mental well-being

By empowering youth across these dimensions, societies nurture informed and active citizens capable of contributing to long-term development.

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Mr. Tushar Bhojwani
B. Pharm. Second Year

"Youth and Sustainable Development"

Youth empowerment is a key factor in sustainable development. As the world faces challenges such as climate change, unemployment, and inequality, young people contribute innovative and future-oriented solutions. Empowering youth through education, skills, and opportunities allows them to actively participate in decision-making and development.

Sustainable development aims to meet present needs without harming future generations. The Sustainable Development Goals highlight the role of youth in education, employment, equality, and climate action. Young people drive progress through innovation, entrepreneurship, environmental action, and social leadership.

However, barriers like unemployment, limited resources, and lack of participation restrict youth potential. Addressing these challenges through quality education, employment support, and inclusion in governance is essential.

Conclusion:
Youth empowerment is essential for sustainable development and for building a sustainable future.

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Mr. Aaryan Khobragade
B. Pharm. First Year

Youth Empowerment and Sustainable Development

A sustainable society cannot exist without the active involvement of its youth. Young people bring adaptability, creativity, and the ability to respond to change, making them essential contributors to long-term development. Empowering youth means equipping them with the knowledge, skills, and confidence needed to take responsibility for social and economic progress.
Sustainable development focuses on growth that does not compromise the future. In this process, youth play a key role in promoting education, employment, equality, and environmental responsibility. Their participation in innovation, entrepreneurship, and social initiatives helps drive balanced and inclusive development.

Many young people, however, struggle with unemployment, limited opportunities, and lack of representation in decision-making. These challenges reduce their capacity to contribute meaningfully to development goals.

Strengthening youth empowerment requires investment in education, job creation, and inclusive policies that encourage youth participation. Supporting young people today ensures a stable, sustainable, and prosperous future for generations to come.

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Mr. Yash Nagpure
B. Pharm. First Year

Youth Empowerment: Shaping a Sustainable Tomorrow

The strength of any sustainable society lies in how well it prepares and involves its youth. Young people possess creativity, adaptability, and the willingness to challenge existing systems. When youth are empowered with education, skills, and opportunities, they become active contributors to long-term social and economic development.

Youth play an important role in advancing sustainability through innovation, environmental action, entrepreneurship, and community leadership. Their ability to use technology and fresh ideas helps address issues such as climate change, resource management, and social inequality.

Despite this potential, many young people face obstacles including unemployment, unequal access to education, digital gaps, and limited involvement in decision-making. These challenges restrict their ability to contribute fully to sustainable growth.

Empowering youth requires skill-oriented education, encouragement of leadership roles, support for young entrepreneurs, equal access to technology, and inclusive social policies. When these elements are in place, youth can effectively participate in building stronger and more sustainable communities.

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Ms. Shrutika Barai
D. Pharm. Second Year

Youth at the Core of Sustainability

A sustainable future depends on how effectively societies engage and empower their youth. As climate challenges and social inequalities intensify, young people are stepping forward with ideas, innovation, and leadership. Their ability to adapt and respond makes them essential contributors to sustainable development.

Youth empowerment means providing relevant education, practical skills, access to resources, and opportunities to participate in decision-making. Empowered youth actively contribute to areas such as renewable energy, climate action, entrepreneurship, and community development.

Across campuses and communities, young people are leading environmental initiatives, developing green technologies, and promoting inclusive growth. However, limited funding, outdated education systems, digital gaps, and restricted participation continue to limit their impact.

Strengthening youth empowerment through modern education, sustainable job opportunities, access to technology, and inclusive policies is essential for long-term development.

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Ms. Dhanashri Pardhi
D. Pharm. First Year

Empowered Youth, Sustainable Progress

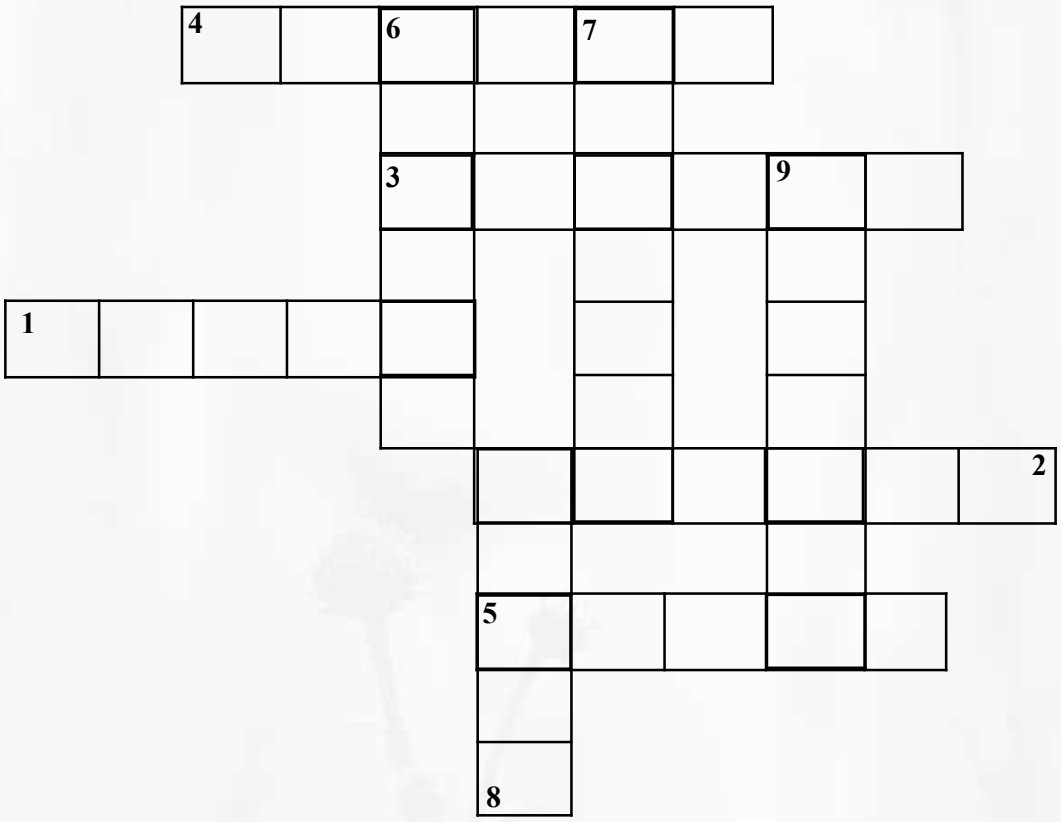
Young people play a vital role in shaping a sustainable and progressive society. In a world facing climate change, health challenges, and economic inequality, youth bring energy, creativity, and adaptability that drive positive change. Their involvement is essential for building a healthier and more sustainable future.

Youth empowerment means equipping young individuals with education, healthcare, skills, and opportunities to participate in social and economic development. When youth are supported, they not only improve their own lives but also strengthen their communities.

Healthcare is a key factor in youth empowerment. Access to medical care, mental-health support, and health awareness programs enables young people to remain productive and focused. Through public health initiatives and the promotion of healthy lifestyles, youth contribute to stronger societies. Young minds are also powerful sources of innovation. From affordable healthcare solutions to sustainable technologies, youth-led ideas support economic growth and national development. At the same time, young people actively promote environmental responsibility through climate awareness, conservation efforts, and support for renewable energy.

However, challenges such as unemployment, limited education access,

and financial constraints continue to restrict youth potential. Addressing these issues through skill-based education, healthcare support, and leadership opportunities is essential for long-term sustainability.



1. The power to express thought or opinions.
2. To dream achieving something great.
3. Synonyms for faith.
4. The process of developing.
5. To admire deeply.
6. One who guides a group.
7. To make someone confident and strong.
8. Things we work hard to achieve.
9. Motivation that refreshes the mind.

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25th Sept Pharmacist Day

World Pharmacists Day 2025 was celebrated with great enthusiasm and professional pride at Laxmi Sabhagruh, Bhandara, under the global theme "Think Health, Think Pharmacist." The program was jointly organized by the Bhandara Pharmacy Forum, with active participation from pharmacy colleges across the Bhandara district.

The celebrations began with a public awareness rally from Chemist Bhavan, conducted by students and faculty of Anurag College of Pharmacy, Warthi, in association with the Bhandara Pharmacy Forum. The rally highlighted the vital role of pharmacists in community health, safe medication practices, and public awareness. The main program commenced with the lighting of the ceremonial lamp and Saraswati Vandana. The event was graced by eminent dignitaries including Shri Noorul Hasan, IPS, Superintendent of Police, Bhandara; Shri Dadaji Gahane, State Drug Controller and Joint Commissioner (HQ), FDA Maharashtra; Dr. Milind J. Umekar, President, APTI and Principal, SKBCOP Nagpur; Hon'ble Mr. Atul Ahire, President, Maharashtra State Pharmacy Council; and Mr. Milind Kumar Salwe, CEO, Zilla Parishad, Bhandara.





A key highlight was the presence of senior professionals from industry, academia, FDA, hospital and retail pharmacy, and the teaching fraternity. Their interaction with students and young pharmacists provided valuable insights into professional ethics, responsibility, and lifelong service.

Insightful addresses by Ms. Monica V. Dhawad, Dr. Milind J. Umekar, Mr. Sanjay Wate, Shri Dadaji Gahane, and Shri Noorul Hasan inspired the audience and reinforced the importance of pharmacists in healthcare.

The themed magazine "**Think Health, Think Pharmacist**" was officially released during the program. The event was smoothly anchored by Mrs. Meenakshi Rajgire and Mrs. Priyanka Mokharkar, and concluded with a vote of thanks by Mr. Sachin Lohe, HOD, Anurag College of Pharmacy.The enthusiastic participation of students, faculty, and professionals made World Pharmacists Day 2025 a meaningful and memorable celebration for the pharmacy fraternity.









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27th Sept — Exploring Biodiversity Beyond Classroom





Students visited Aura Conservation Park to learn about biodiversity conservation and environmental sustainability. The visit increased awareness about wildlife protection and ecosystem balance.

29th Sept — Understanding Science Behind Go-Vigyan





Postgraduate students of Anurag College of Pharmacy, Bhandara visited Go Vigyan Anusandhan Kendra, Deolapar to observe Panchgavya medicine production. The visit highlighted the integration of traditional medicine with modern pharmaceutical research.

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1st Oct — Hypertension Seminar by Dr. Prakash Jambhulkar





An awareness seminar on "Hypertension – The Silent Killer" was conducted by Dr. Prakash Jambhulkar, highlighting the importance of blood pressure screening and prevention.

10th Oct — Celebrating Excellence in cGMP





Anurag College of Pharmacy celebrated National cGMP Day 2025 with expert talks and a poster competition, emphasizing the importance of quality and ethics in pharmaceutical manufacturing.

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11th Oct — Tribute to Rashtra Sant Tukdoji Maharaj





The NSS unit of the college paid tribute to Rashtra Sant Tukdoji Maharaj on his death anniversary. The program highlighted his ideals of social reform and service to society..

16th Oct — Students Connecting with PHC for Community Health





Anurag College of Pharmacy, Warthi, organized a visit to PHC Warthi with the Red Ribbon Club. An HIV/AIDS awareness session was conducted with active student participation.

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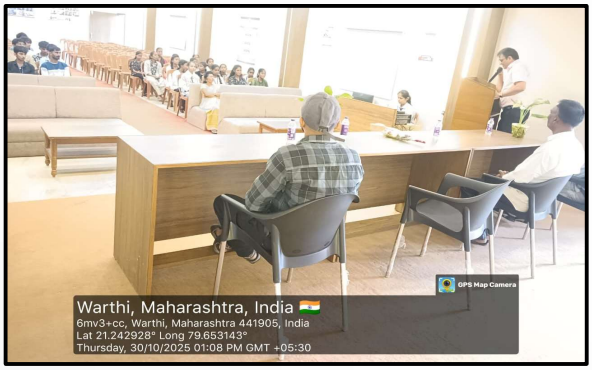
20th Oct — Celebrating Diwali with Togetherness





Diwali was celebrated at the college with a spirit of togetherness and joy among staff members. The celebration reflected unity, harmony, and the essence of the festival.

30th Oct — Educational Outreach for young Learners





An educational outreach program was conducted to engage young learners and support their academic growth. The initiative focused on creating curiosity, learning awareness, and positive educational values.

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31st Oct — Celebrating Tribute to Iron Man of India

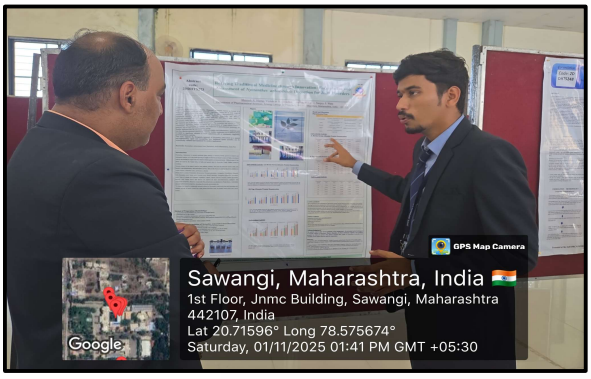




A tribute was paid to the Iron Man of India, Sardar Vallabhbhai Patel, honoring his contribution to national unity and leadership.

31th Oct & 1st Nov — 2nd DDHTS Scientific Conference at DMCP





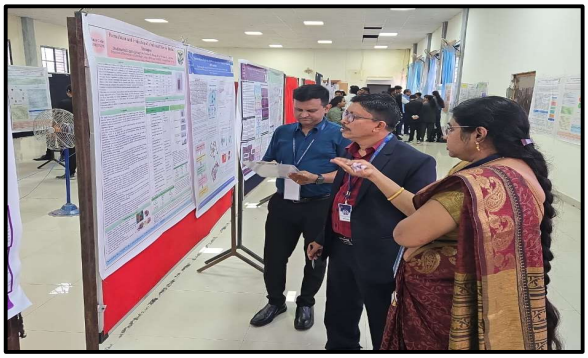
Students and faculty of Anurag College of Pharmacy visited Datta Meghe College of Pharmacy for an academic stay from 31st October to 1st November. The two-day visit provided valuable exposure to academic

practices, research activities, and professional interactions, enhancing learning beyond the classroom.

During the visit, students and faculty actively presented posters, which encouraged academic exchange, discussion, and sharing of research ideas. The poster presentations helped participants gain confidence and improved their understanding of research and presentation skills. Faculty members Mr. Dinesh Bawankar and Ms. Kumudini Dhurve presented posters and contributed to scholarly discussions. Ms. Kumudini Dhurve was awarded the 3rd Prize for her poster presentation, bringing recognition to the institution.

Overall, the visit was informative and enriching, strengthening academic learning, research orientation, and collaborative engagement among participants..









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6th Nov to 9st Nov — Med Safety Week : Turning Side Effects into Solutions





Medication Safety Week was conducted to create awareness about the safe use of medicines. The program emphasized correct dosing, proper storage, and responsible medication practices..

11th Nov — Eternal Remembrance of Our Visionary Founder





The college paid heartfelt tribute in eternal remembrance of our visionary founder. The program reflected gratitude for their guidance, values, and lasting contribution to the institution's growth and legacy.

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22th Nov — Anu-Srijan : Student Induction Program





The Anu-Srijan induction program was conducted for B.Pharm and D.Pharm students, introducing them to the college environment, academic structure, and core values.

23rd Nov — Ink Stained Memories : Capturing Spirit of Book Utsav





Book Utsav was visited in Nagpur city to promote reading culture and appreciation for books. The event highlighted the importance of knowledge, literature, and lifelong learning.

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26th Nov — From Preamble to Preface A Day of Reflection





Constitution Day was celebrated on 26th November to honor the Indian Constitution. The program highlighted constitutional values, citizens' rights, and duties in building a strong nation.

11th Dec — World AIDS Day: Breaking Myths, Not Lives





World AIDS Day was observed to raise awareness about HIV/AIDS, its prevention, and the importance of early diagnosis. The program emphasized compassion, support, and the fight against stigma.

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20th Dec — Women's Employability Workshop – Naandi Foundation





Anurag College of Pharmacy organized a six-day Employability & Soft Skills Workshop for women students, covering communication, interview skills, and personality development, with active student participation.

13th Dec to 21st Dec — Educational Tour Learning Beyond Walls





Anurag College of Pharmacy, Warthi Bhandara, organized an educational tour to Mysore and Ooty, exploring cultural landmarks, nature, and history while enriching student learning.

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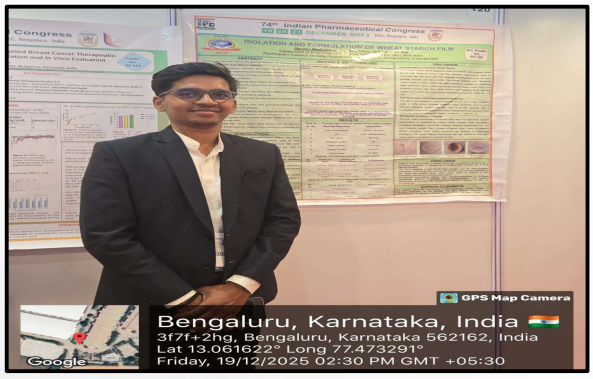
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19th Dec to 21st Dec — 74th Indian Pharmaceutical Congress

The Indian Pharmaceutical Congress (IPC) 2025 was successfully held from 19 to 21 December 2025 at the Bangalore International Exhibition Centre (BIEC), Bengaluru. Organized by the Indian Pharmaceutical Congress Association (IPCA), IPC is one of the most prestigious national events in the field of pharmacy. The theme of IPC 2025, “AI & Technology in Pharma: Educate, Innovate, Empower,” emphasized the growing role of advanced technologies in pharmaceutical education, research, and industry

.Faculty and students of Anurag College of Pharmacy actively participated in the congress, presenting scientific posters that showcased their research and innovative ideas. Participants attended various sessions, including keynote lectures, panel discussions, and exhibitions focusing on drug discovery, pharmaceutical manufacturing, and digital healthcare advancements. The first day also featured a vibrant cultural program, which students and staff enjoyed, adding a memorable touch to the learning experience. IPC 2025 offered an excellent platform for professional exposure, knowledge enhancement, and inspiration for future research, making it a highly enriching and engaging event for all participants.





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2nd Jan — Vidarbha Science Festival: Celebrating Science & Innovation





The Vidarbha Science Festival featured science model, poster, rangoli, and drama competitions focused on climate change, One Health, and innovation, promoting creativity and scientific awareness among students.

11th Jan — From Cows to Cures: A Go Vigyan Exploration





D.Pharm First and Second Year students visited Go Vigyan Anusandhan Kendra for an academic field visit to understand Panchgavya medicines and their pharmaceutical significance.

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ACHIVEMENTS SECTION



Celebrating success, dedication and excellence

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Proud Moment of Our College

🎉🎉Congratulations🎉🎉

On the occasion of World Pharmacists Day, an Intercollegiate Quiz Competition was organized at Bajirao Karanjekar College of Pharmacy, Sakoli. We are delighted to share that our students brought laurels to the college with their excellent performance.

B. Pharm – 1st Prize 🥇

Mr. Darshan D. Kale

Ms. Priti K. Dewadhari

Mr. Sanchit S. Hatwar



✨ Heartiest congratulations to the winners for their dedication, knowledge, and outstanding achievement. You have made the institution proud! 👏🎉

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🎉🎉 **Congratulations** 🎉🎉

Pune Scholarship Awarded To:



Ms. Preeti Devadhari



Ms. Nirasha Pardhi

Students of Anurag College of Pharmacy

Heartiest congratulations on this proud achievement! 🏆💐

Wishing you continued success and academic excellence.

🎉🎉**Congratulations** 🎉🎉

To winners of E-Poster Competition🏆

Winner - Amit Bawne

2nd Runner up - Mohit Israni

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Mr. Mohit Israni

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🎉🎉 **Congratulations** 🎉🎉

To he Winners of the Poster Presentation Competition 🏆🏆



3rd Prize: Ms. Kumudini Dhurve

Poster Presentation Competition

📍 Datta Meghe College of Pharmacy

🎓 2nd DDHTS

Heartiest congratulations on this well-deserved achievement! 💐💐

Wishing you continued success and excellence ahead.

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Proud Moment of Our College

🎉🎉 **Congratulations to the Achievers** 🎉🎉

🏆 Avishkar Research Convention 2025–26

Bhandara–Gondia District Level

(A prestigious research platform organized by Rashtrasant Tukadoji Maharaj Nagpur University to promote innovation, scientific thinking, and research culture among students.)

Medicine & Chemistry - PG Category



Mr. Gaurav Wadhankar



Ms. Gausiyaamin Abdul Asif Sheikh

Medicine & Chemistry - UG Category



Ms. Achal Burade



Ms. Sagrika Kawale

Pure Science - PG Category



Ms. Anushri Baghele

👏 Heartiest congratulations to the students and their mentor teachers for their outstanding research work, dedication, and guidance.

Your achievements at AVISHKAR – the Maharashtra State Inter-University Research Convention bring great pride to the institution and inspire a strong research culture. ⭐

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Ms. Khushi Wadhwani
Pharmacist
Balkrishna medimart pvt. ltd.
Bhandara

WHAT ALUMINI SAYS...!!

As an alumni of a Anurag college of pharmacy and now working as a pharmacist, I proudly look back at my academic journey as the foundation of my career. The four years I spent at the college equipped me with strong theoretical knowledge, practical laboratory skills, and a deep understanding of patient care. The guidance from experienced faculty, exposure to real-world clinical scenarios, and involvement in seminars and workshops helped me develop the confidence and competence needed in the pharmaceutical profession.

Today, as I serve in the healthcare field, I truly appreciate how my college shaped my professionalism, discipline, and dedication to responsible patient care. My journey there continues to influence my work every single day.

Our dedication today will define our success tomorrow, so keep working with purpose and passion. Your future is full of possibilities—embrace it with confidence.

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Mr. Anshul Shahare
Medical Representative
Hetro Health Care

WHAT ALUMINI SAYS...!!

Looking back at my initial days at Anurag College of Pharmacy, I remember stepping in with curiosity, uncertainty, and many unanswered questions about my future. What began as a new academic journey slowly turned into a phase of growth, learning, and self-discovery. Those early days shaped my discipline, strengthened my confidence, and introduced me to the values that define the pharmacy profession.

From understanding basic concepts to gaining hands-on practical exposure, every step taught me the importance of patience, responsibility, and continuous learning. The support and guidance from faculty members during those formative years played a crucial role in building my foundation and helping me develop a professional outlook toward healthcare.

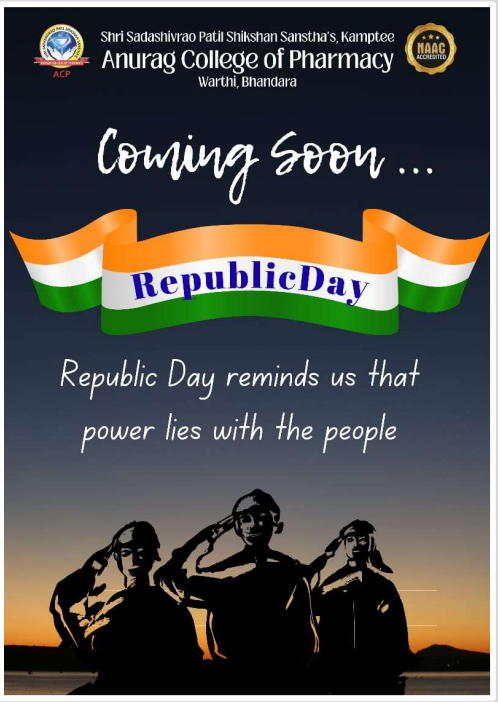
As a recent pass-out, I realize that the lessons learned during those starting days still guide me today. Anurag College of Pharmacy did not just prepare me academically; it prepared me to serve with integrity, empathy, and commitment. I remain grateful for the experiences, challenges, and encouragement that shaped my journey, and I carry the pride of being an alumnus as I move forward in the pharmacy field.

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Upcoming Events









Institution Managed By Shri. Sadashivrao Patil Shikshan Sanstha, Kamptee.

Anurag College of Pharmacy

Near Railway Station, Bhandara Road, Warthi, Tah. Mohadi, Dist. Bhandara - 441905(M.S.)

Estd. 2003

ACCREDITED WITH GRADE B NAAC



Admissions OPEN

D.PHARM | B.PHARM | M.PHARM

- Approved by Pharmacy Council of India (PCI), New Delhi,
- Directorate of Technical Education, Mumbai, M. S. Govt. of Maharashtra, Mumbai
- Affiliated to Rashtrasant Tukoji Maharaj Nagpur University, Nagpur &
- Maharashtra State Board of Technical Education, Mumbai, M.S. (Diploma)

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